

SEPTEMBER 2021

BREAKFAST



A healthy breakfast is a great way to start your day!



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



egg and cheese biscuit
grapes
milk **1**

breakfast pizza
mandarin orange cup
milk **2**

whole grain poptart
apple
cheese stick
milk **3**

Labor Day
NO SCHOOL **6**

sausage biscuit
craisins
milk **7**

Cereal cup
Banana
Yogurt tube
Milk

french toast sticks
sausage patty
raisins
milk **9**

muffin
cheese stick
applesauce
milk **10**

zee zee bar
mandarin orange
cup
milk **13**

biscuit with jelly
cheese stick
banana
milk **14**

chicken biscuit
fruit cocktail
milk **15**

mini pancakes
applesauce
milk **16**

sausage pancake
on a stick
orange juice
raisins and milk **17**

Cinnamon roll
Applesauce
Raisins
Milk **20**

Yogurt parfait
Grapes
Milk **21**

egg and cheese
omelet
craisins
milk **22**

breakfast pizza
mandarin orange
cup
milk **23**

whole grain poptart
apple
cheese stick
milk **24**

waffles
pineapple tidbits
milk **27**

sausage biscuit
craisins
milk **28**

Cereal cup
Banana
Yogurt tube
Milk **29**

french toast sticks
sausage patty
raisins
milk **30**

